



Course Information Sheet

Course Title:	Level 2 Emergency First Aid at Work (8hrs)
Course Duration:	❖ With a total of 8 hours contact time this course provides more learning than many others.
Course Location:	❖ This course is typically run at the Client's premises so that we can cover any first aid concerns that are specific to your area of operation. However Mountain Services have several excellent training locations in Cumbria & North Lancashire if you require.
Who is this course for:	<ul style="list-style-type: none"> ❖ No prior First Aid knowledge is required to attend this course. ❖ This course is suitable for those seeking to revalidate an existing qualification. ❖ Where an organisation's risk assessment of First Aid needs identifies that there is a requirement for Emergency First Aid at Work practitioners then this national Award in Emergency First Aid at Work satisfies the requirements of the regulatory body for First Aid - the Health and Safety Executive (HSE). ❖ All learners will have the skills and knowledge to provide the organisation with Emergency First Aiders that can provide treatment to their casualties in a prompt, safe and effective manner.
Course Format:	<ul style="list-style-type: none"> ❖ This course is a mixture of classroom, hall and outside training. It covers multiple learning styles to maximise candidate engagement and learning. ❖ Candidates will be required to participate in activities (subject to any physical limitations) . ❖ Mountain Services believe that candidates learn best in a safe fun and engaging environment

Syllabus:

A range of outdoor First Aid related subjects are covered including:

- É Legal Responsibilities
- É Assessment of a situation
- É Burns and scalds
- É Epilepsy
- É Basic hygiene in First Aid

- É Resuscitation
- É Anatomy
- É Bleeding Control
- É Asthma
- É Choking

- É AED's
- É Dealing with an unresponsive casualty
- É Shock
- É Minor Injuries
- É Reporting

Certification:	<ul style="list-style-type: none"> ❖ Summative practical assessment is ongoing by the instructor, along with a written assessment at the end of the day. ❖ Candidates must physically be able to demonstrate CPR - this will require being able to kneel on the floor. Candidates unable to do so <i>may</i> be issued a certificate of attendance with an exemption noted. ❖ A three year Level 2 Award in Emergency First Aid at Work will be issued to the learner, subject to successful assessment. No external assessors are required.
Age restrictions & course numbers:	<ul style="list-style-type: none"> ❖ A maximum of 12 students are allowed and must be a minimum of 16 years of age and a certificate can be offered to all, subject to assessment. ❖ A learner cannot assume a responsibility in the workplace until they reach the age of 16, and then it is the employer's responsibility to ensure that the student is suitable for that role.
What do you need to bring:	<ul style="list-style-type: none"> ❖ All learning material will be provided by Mountain Services, but clients should bring something to take notes. ❖ Elements of this course take place outdoors - so you should bring warm clothes, waterproof, hat & gloves. ❖ You will need to bring lunch, snack and a drink. You will also need to bring any personal items you require.

